

Wasted

Wasted – The Body
Week 2 of 5

Our five senses give us some astonishing capabilities. We can see a candle's flame 30 miles away on a dark, clear night, and smell a single drop of perfume diffused in a three-room apartment. We can taste .04 ounce of table salt in 530 quarts of water. Our sense of touch can detect a pressure that depresses the skin .00004 inch on the face or fingertips. And we can tell where a sound is coming from even when it arrives at one ear just .0003 second before its arrival at the other ear. (*Today in the Word*, November, 1996, p. 28)

When we stop to think about it, we must realize that God has created our bodies with incredible ingenuity and awe inspiring capabilities. Our "Daily Reading" this week will explore what scripture says about our bodies.

- DAY ONE – Exodus 20:8-11
- DAY TWO – Luke 12:22-31
- DAY THREE – 1 Corinthians 6:12-20
- DAY FOUR – 1 Corinthians 9:24-27
- DAY FIVE - 1 Corinthians 15:35-58

Memory Verse:

"Do you not know that your body is the temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought with a price. Therefore honor God with your body."
(1 Corinthians 6:19-20)



northeast daily reading

January 16 -17, 2010

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