

influence

Fasting – The Neglected Discipline
Matthew 6:16 - 18
Week 6 of 11

INTRODUCTION

1. Fasting: A _____

Matthew 4
Luke 4
Daniel 10:3
Esther 4:16

2. Fasting: The _____

Psalms 42:1-5

**Fasting is the place where I _____
the physical in order to
_____ on the spiritual.**

**All throughout the Bible, fasting is
_____ with prayer.**

3. Fasting: Is it a _____?

Matthew 6:1-4
Matthew 6:5-15
Matthew 6:16-18

4. Fasting: The _____

**A. When you're in _____ or at
_____**

2 Chronicles 20:1-4



northeast notes

June 19-20, 2010

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B. When you're in need of _____

Jonah 3:6-7

C. When I'm seeking God's _____

Acts 13:2

D. When you're appointing _____

Acts 14:23

E. When I'm facing difficult _____

Esther 4:16

F. When I'm facing _____

Matthew 4
2 Timothy 1:7
1 Corinthians 10:13

5. Fasting: _____

6. Fasting: _____ done

A. _____ it: Put in on your _____

B. _____ your motives

C. Set a _____

D. Remember: It's not about _____

E. Be ready for the _____

CONCLUSION

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